# مدرستنا الثانوية الانجليزية – الفجيرة
# OUR OWN ENGLISH HIGH SCHOOL-FUJAIRAH

# **PSHE POLICY**

مدرستنا الثانوية الانجليزية – الفجيرة

| Personal Social Health & Economic Education (PSHE) Policy | |
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| Implemented Date | 25th April , 2020 |
| Review Date | April 2022 |
| Next Review Date | April 2023 |

PSHE is an important part of the curriculum because it has an impact on all aspects of a student's social, psychological, and mental health. All students are entitled to appropriate designed elements as outlined in the overall school framework, which is intended to support their personal and social development. It equips children with the knowledge, skills, and understanding they need to live confident, healthy, independent lives and to become informed, active, and responsible citizens in an ever-changing world. As a result, we aid in the development of their sense of self-worth.

PSHE is scheduled weekly and taught according to the timetable in each class. It is also taught through cross-curricular opportunities.

The school continues to adhere to and evaluate its practices in accordance with the five outcomes: Be Healthy, Stay Safe, Enjoy and Achieve, make a Positive Contribution, and Achieve mental, social, physical, and economic well-being.

## Promoting Health at School

The school is dedicated to creating a "Health Promoting School"/ "Healthy School" climate and culture that promotes the health and well-being of students and the entire school community, and fully recognizes the importance of coordinating well-being with learning. This means that we consider teaching and learning in the context of our overall strategy for:

- Leadership, organization, and management.
- Policy development
- The school ethos, culture, environment, and positive relationships throughout the school
- Learning and teaching, curriculum planning and resourcing
- Giving children a voice to express and be heard.
- Provision of support services for children
- Staff continuing professional development (CPD) in terms of  health and wellbeing
- Partnership with parents, the local community, external agencies, and volunteers to support pupil health and wellbeing
- Assessing, recording, and monitoring impact and outcomes

**School Aims and Values**

This PSHE policy is set within the wider context of the school's overall aims and values, which include the following:

**Our Vision Statement**

We will provide high quality, inspiring education, ensuring each child develops, and holistically to reach their full potential.

**Our Shared Values:**

**Aspiration**: In all areas of our work, we will aspire to achieve the best that we possibly can.

**Caring:** We care about all members of our community and ensure everyone's well-being and safety is paramount.

**Challenge:** We will continually challenge each other to improve in our work.

**Determination:** We will succeed in what we do through our determination and resilience.

**Honesty:** We will always be truthful. If we have done something wrong, we accept responsibility. We know when to say sorry.

**Respect:** We expect all who are involved in our schools to always display respect to each other.

**Sharing:** We will always work as a team, sharing experiences and working together to excel in everything we do.

**Aims of the policy**

The aim of our PSHE is to ensure quality and consistency in our approach to all aspects of PSHE in our school. This includes our whole school approach to promoting health and wellbeing, as well as the curriculum.

The policy aims to:

- Within the context of national and local guidance, explain the central role PSHE plays in the life of the school and in the learning of children.
- Provide staff members in all roles with information about their responsibilities in relation to PSHE.
- Ascertain that the entire school community is aware of the importance of PSHE in the school's ethos.
- Maintain a consistent approach to PSHE planning and delivery.

- Ensure that children receive a broadened curriculum that progresses, as well as a high-quality teaching and learning experience.
- Ensure that staff members possess the necessary knowledge, understanding, and skills to deliver the PSHE curriculum.
- Encourage parents and guardians to work together to support children's learning and development in PSHE, health, and well-being.
- Encourage children to participate in the review and development of work related to PSHE and Healthy Schools.
- Make it possible to assess children's learning in accordance with local and national guidelines.
- With the help of the PSHE Service, continue to develop policy and practice in the area of Healthy Schools.
- Provide guidelines for selecting and utilizing high-quality resources.
- Provide guidance to help ensure the quality of PSHE teaching and learning methodology and approaches.
- Support the PSHE coordinator in observing, evaluating, and improving practices.
- Establish e-safety policies and procedures to assist students and staff in reducing risk and responding to complaints.
- Ascertain that all teachers are equipped to teach students about e-safety.
- Advise on how to use social media and live streaming
- Ascertain that all students have the necessary skills for an online life.
- Guide students and make them understand.
  - How to stay safe and healthy online while also becoming active citizens who participate responsibly in society.
  - How to spot potential online threats and make well-informed decisions about what to do next.
  - Safe avenues for seeking help if they are concerned or upset by something they have seen on the internet
  - Recognize what is acceptable and unacceptable online behavior.
  - Recognize the techniques commonly used to persuade or manipulate others
- Develop their identity and self-esteem as active, confident members of their online community.

**Involving the whole school and wider community**

**Working with staff**

Support and training will be made available to all staff as part of the School Development Plan. This includes devoting time at staff meetings to introduce new areas of work and assess the efficacy of existing approaches. When the entire staff requires development, a whole staff inset is used.

We recognize that PSHE and wellbeing are relevant to members of staff in all roles and ensure they all receive training and support appropriate to their responsibilities. Some Inset opportunities may be organized for all staff, and all staff members are supported to know and understand the content of policies that apply throughout the school as Online safety policy,

child behavior and protection Policy, Cyber safety and anti-bullying policy, Password policy, BYOD policy, Acceptable Use of Technology - For Students Policy, Computing Policy, Managing Digital Media Content for Digital Publication Policy, Privacy Policy.

**Working with parents**

We understand the vital role that parents, and guardians play in their children's personal development as well as the emotional and physical aspects of growing up. As a necessary consequence, when planning and delivering PSHE, we aspire to work collaboratively with parents and guardians. We encourage this cooperation and coordination by:

**Monitoring, Review and Evaluation**

**The process for development and review**

Our school is dedicated to the continued development of PSHE. The following indicators will be used to track and evaluate our progress:

- a coordinated and consistent approach to curriculum delivery.
- a flexible approach to delivering PSHE that responds to the needs of the children (as identified through consultation, research, or observation).
- All PSHE activities have clearly defined learning objectives, and children's learning is assessed using both formative and summative methods.
- Opportunities for cross-curricular approaches are availed when appropriate.
- the impact of staff and leaders' training is evaluated
- Policies are reviewed on a regular basis, with input from staff, SLTs, and, where applicable, children.
- opportunities are provided for parents, guardians, and members of our community to consider the purpose and nature of our PSHE, for example, through parents' information sessions.
- A variety of methods is employed to communicate the key points of the policy and curriculum to the community.

https://pshe-association.org.uk/

https://assets.publishing.service.gov.uk/

https://www.thepeterboroughschool.co.uk/

Our Own English High School
Fujairah